

**THE
BARTHEL
INDEX**

Patient Name: George Tanner
Rater Name: Wendy Carmichael
Date: 1/3/2009

Activity	Score
FEEDING 0 = unable 5 = needs help cutting, spreading butter, etc., or requires modified diet 10 = independent	<u>5</u>
BATHING 0 = dependent 5 = independent (or in shower)	<u>5</u>
GROOMING 0 = needs to help with personal care 5 = independent face/hair/teeth/shaving (implements provided)	<u>0</u>
DRESSING 0 = dependent 5 = needs help but can do about half unaided 10 = independent (including buttons, zips, laces, etc.)	<u>5</u>
BOWELS 0 = incontinent (or needs to be given enemas) 5 = occasional accident 10 = continent	<u>10</u>
BLADDER 0 = incontinent, or catheterized and unable to manage alone 5 = occasional accident 10 = continent	<u>10</u>
TOILET USE 0 = dependent 5 = needs some help, but can do something alone 10 = independent (on and off, dressing, wiping)	<u>10</u>
TRANSFERS (BED TO CHAIR AND BACK) 0 = unable, no sitting balance 5 = major help (one or two people, physical), can sit 10 = minor help (verbal or physical) 15 = independent	<u>15</u>
MOBILITY (ON LEVEL SURFACES) 0 = immobile or < 50 yards 5 = wheelchair independent, including corners, > 50 yards 10 = walks with help of one person (verbal or physical) > 50 yards 15 = independent (but may use any aid; for example, stick) > 50 yards	<u>15</u>
STAIRS 0 = unable 5 = needs help (verbal, physical, carrying aid) 10 = independent	<u>5</u>
TOTAL (0-100):	<u>80</u>