

# THE BARTHEL INDEX

Patient Name: George Tanner  
Rater Name: Wendy Carmichael  
Date: 21/2/2009

Activity	Score
<b>FEEDING</b> 0 = unable 5 = needs help cutting, spreading butter, etc., or requires modified diet 10 = independent	<u>5</u>
<b>BATHING</b> 0 = dependent 5 = independent (or in shower)	<u>5</u>
<b>GROOMING</b> 0 = needs to help with personal care 5 = independent face/hair/teeth/shaving (implements provided)	<u>0</u>
<b>DRESSING</b> 0 = dependent 5 = needs help but can do about half unaided 10 = independent (including buttons, zips, laces, etc.)	<u>5</u>
<b>BOWELS</b> 0 = incontinent (or needs to be given enemas) 5 = occasional accident 10 = continent	<u>10</u>
<b>BLADDER</b> 0 = incontinent, or catheterized and unable to manage alone 5 = occasional accident 10 = continent	<u>5</u>
<b>TOILET USE</b> 0 = dependent 5 = needs some help, but can do something alone 10 = independent (on and off, dressing, wiping)	<u>5</u>
<b>TRANSFERS (BED TO CHAIR AND BACK)</b> 0 = unable, no sitting balance 5 = major help (one or two people, physical), can sit 10 = minor help (verbal or physical) 15 = independent	<u>10</u>
<b>MOBILITY (ON LEVEL SURFACES)</b> 0 = immobile or < 50 yards 5 = wheelchair independent, including corners, > 50 yards 10 = walks with help of one person (verbal or physical) > 50 yards 15 = independent (but may use any aid; for example, stick) > 50 yards	<u>10</u>
<b>STAIRS</b> 0 = unable 5 = needs help (verbal, physical, carrying aid) 10 = independent	<u>5</u>
<b>TOTAL (0-100):</b>	<u>55</u>